

# People: One-Page Personal Plan (OPPP)

Name: \_\_\_\_\_

Date: \_\_\_\_\_

		Relationships	Achievements	Rituals	Wealth (\$)
Faith	10–25 Years (Aspirations)				
Family	1 Year (Activities)				
Friends					
Fitness		Start	Start	Start	Start
Finance					
	90 Days (Actions)	Stop	Stop	Stop	Stop